



ACCOMMODATION

Check-in to the world-famous Star City's high security Space Centre. You will stay in the same place as astronauts and cosmonauts, while they are in training. You will spend your time learning from the Russian instructors who train the current astronauts and cosmonauts to fly to the International Space.







Draft Activities & Itinerary

Day 1

- Arrive Cosmonaut Training
 Center
- Grand tour of GCTC
- Educational Quiz
- Visit Yu. Gagarin museum
- ISS Operational Overview

Day 2

- Pre brief on Soyuz rendezvous and docking
- Soyuz spaceship docking to ISS practical
- Observe real crew training
- Space Medicine/ Emergency Med Help practical

Day 3

- Soyuz spaceship construction and configuration class
- Glove Box Ops
- Educational Quiz
- Russian "Buran" visit











Draft Activities & Itinerary

Day 4

- Sokol space suit instructions
- Orlan EVA space suit class
- Sanitary Hygiene System Ops
- Perspective of evolution of human space flights
- Food providing Lab class
- Experiments on ISS

Day 5

- Introduction to TRIZ
- CEO speech
- Certificate distribution
- Meeting with a cosmonaut/astronaut
- Grroup photo

Day 6

- Red Square and Kremlin tours
- Moscow city tours





